

## UTAH CRITICAL INCIDENT STRESS MANAGEMENT TEAM APPLICATION FOR TEAM MEMBERSHIP

<i>I</i> .	Personal Information	

	Name:					
	Address:					
			C)			
	E-mail:					
I.	Current Certifications / Li	<u>censes</u>				
	State License Number	P.O.S	T #			
	EMT	Psychologist	Law Enforcement			
	Paramedic	MSW / LCSW	Fire Fighter			
	RN/LPN	Dispatch	Other			
II.	<u>Employment</u>					
Emp	ployer:					
-	rent Title/Position					
		Full Time F	Part TimeVolunteer			

List 3 positions relevant to emergency services, starting with your present position.

Dates	Place	Job Description	Reason for Leaving

Are you involved in activities outside of your profession, or anticipate involvement in the next year?

If yes, please list and include description of time commitment.

#### IV. Related Information:

How did you hear about the CISM team?

\_\_\_\_\_Co-worker \_\_\_\_\_ Friend \_\_\_\_\_ Supervisor/Boss

Involved in Debriefing	Other
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Why do you want to be a member of the CISM Team?

What assets would you bring to the Team?

List the stress management techniques that you have utilized to effectively handle personal stress.

#### V. References:

Please list 2 personal references (not related to you) and their professions.

Position	Address	Phone #
	Position	Position Address

\* Attach a letter of recommendation and agency support from your department head\*

### Then send completed application to:

Lanette Sorensen lanettesorensen@utah.gov cell 435-279-4041

# Appendix E.1

## UTAH CISM TEAM MEMBER AGREEMENT

Iagree to serve as a volunteer member of the UtahPrint NameCritical Incident Stress Management team for a minimum<br/>of two years. I understand that serving as a team<br/>member requires the following commitments.

- 1. Attend mandatory initial training sessions as scheduled.
- 2. Participate in debriefing events as requested and as available.
- 3. Attend on going team trainings.
- 4. Participate in team committee activities as needed.
- 5. Maintain strict confidentiality regarding ay debriefings held, including topics discussed and personnel involved. Any breach in confidentiality will result in immediate removal of the individual from the team and the program.
- 6. Refrain from any private critical incident stress debriefings for EMS personnel. Everyone will work within team organizational guidelines.
- 7. Adhere to the By-laws of the Utah C.I.S.M. Team.
- 8. Actively promote C.I.S.M. within our profession.

The Utah Critical Incident Stress Debriefing team agrees to the following commitments to team members:

- 1. Provide continuing education sessions as outlined by the Clinical Director.
- 2. Provide team members with schedules in a timely manner.
- 3. Provide preliminary training sessions.
- 4. Provide administrative support.
- 5. Provide, if necessary, a debriefing for debriefing team members after a CISM.
- 6. Maintain quality standards in performance and confidentiality in personnel (team members) and operation.

I have read and understand these commitments and agree to serve with the Utah C.I.S.M. Team.

Signed \_\_\_\_\_\_ Date \_\_\_\_\_

Chairperson \_\_\_\_\_